



CROSS COUNTRY

2022 SCHEDULE

#WEARELCA

August 23 | MS/HS - Beat the Heat | Falling Springs Park (Versailles, KY)

August 27 | MS/HS - Bourbon County Colonel Charge | Bourbon County XC Park (Paris, KY)

September 3 | HS - St. Mary's XC Festival | Cabell-Midland HS (Ona, WV)

September 3 | MS - EG Plummer Invitational | Admiral Stadium (Danville, KY)

September 6 | MS/HS - Woodford County All-Comers | Falling Springs Park (Versailles, KY)

September 10 | MS - Hayes Panther Invitational | Hayes Middle School (Lexington, KY)

September 13 | MS - Woodford County All-Comers | Falling Springs Park (Versailles, KY)

September 17 | HS - Trinity/Valkyrie Invitational | E.P. "Tom" Sawyer Park (Louisville, KY)

September 20 | MS - The Lexington School Invite | Lone Oak Golf Course (Nicholasville, KY)

September 24 | MS/HS - Berea Invitational | Alumni Field (Berea, KY)

September 28 | MS - TLS Invite | The Lexington School (Lexington, KY)

October 1 | MS/HS - Area 6 Championships/Chick-fil-A | Lone Oak Golf Course (Nicholasville, KY)

October 8 | MS/HS - GRC Coaches Classic | Lykins Park (Winchester, KY)

October 15 | MS/HS - Woodford County Invitational | Falling Springs Park (Versailles, KY)

October 22 | HS - Class 5A Region Meet - Site TBD

October 29 | HS (Varsity State Meet Qualifiers Only) - Bourbon XC Park (Paris, KY)